

## Newark Rotary Committees 2017-2018

<b>President</b>	Chuck Moore	Cell 740-877-7272	Office 740-344-7401
<b>President-Elect</b>	Jack Stickle	Home 740-345-1507	Office 740-345-9864
<b>Secretary</b>	Tom Slater	Home 740-366-6143	Cell 740-398-1690
<b>Treasurer</b>	Ray Barber	Home 614-834-0657	Office 740-366-4444
<b>Immediate Past President</b>	Jack Neely	Home 740-344-1219	Cell 740-641-8197
<b>District/International Service</b>	Jack Stickle	Home 740-345-1507	Office 740-345-9864
Rotary International Foundation	Mike Massaro	Home 740-344-4852	Office 740-349-5400
Grants	Megan Evans	Cell 740-334-2692	Office 740-349-3863
World Service	Sharon Phelps	Home 740-587-2360	Office 740-587-5298
Polio Plus	Dave Shull	Home 740-344-6533	
Newark Rotary Foundation President	Cheryl Snyder	Home 740-587-4190	Office 740-349-3773
Auction	Kevin Murphy	Home 740-587-1079	Cell 740-258-3544
	Deborah Lang	Home 614-209-3324	Office 740-670-5400
<b>Club Service</b>	<b>Barb Quackenbush</b>	<b>Home 740-364-1290</b>	<b>Office 740-670-7041</b>
Fellowship/Logistics	Eric Ricketts	Home 740-344-8709	
	Jerry Krebs	Home 740-366-7700	Office 740-334-2469
Club Programs	Jerry Besancency	Home 614-394-3908	
	Cheri Hottinger	Office 740-349-3774	Cell 740-817-1543
Chaplains	Dennis Hesselgesser	Cell 740-344-3888	
Music	Tom Slater	Home 740-366-6143	
Audio Visual	John Carson	Home 740-975-9279	Office 740-788-9000
Sergeant-at-Arms	Pat Jeffries	Home 740-344-3980	Office 740-334-8302
Communications PR/Rotogram	Jeremy Fleming	Cell 740-502-6312	Office 740-344-0316
Data Management	Pat Jeffries	Home 740-344-3980	Office 740-334-8302
Historian	Steve Ehret	Home 740-366-8923	Office 740-345-9791
	Glenn Abel	Home 740-366-6108	
Social	Vacant		
<b>New Generations</b>	<b>Rick Platt</b>	<b>Home 740-344-7383</b>	<b>Office 740-788-5500</b>
Scholarship Search	Larry Palur	Home 740-745-2733	Office 740-670-9709
Youth Exchange	Doug Mill	Cell 740-366-8165	Office 740-345-1921
Junior Ethics	Trevor Thomas	Home 740-877-2591	Office 740-788-3118
Student Visits	Doug Ute	Home 740-262-0259	Office 740-670-7000
Read with Me	Jennifer Utrevis	Home 740-788-9556	Office 740-349-9646
Free Enterprise Academy	John Paul Munhall	Home 614-649-9782	
	Eriech Horvath	Home 614-374-4059	Office 740-920-4099
Interact	Stacy Geller	Home 740-334-0355	Office 740-788-1488
<b>Vocational Awareness</b>	<b>Eriech Horvath</b>	<b>Home 614-374-4059</b>	<b>Office 740-920-4099</b>
Membership	Pat Jeffries	Home 740-344-3980	Office 740-334-8302
Orientation	Ed Bohren	Cell 740-404-8112	Office 740-349-9688
	Molly Ingold	Home 740-366-3184	
Mentorship	Jeff James	Home 740-587-4447	Office 740-587-2746
	Marcia Downes	Home 740-587-4695	Office 740-349-9277
Engagement	Jim Withers	Cell 740-877-0480	
Career Xpress	Lori Hubble	Home 740-404-9098	Office 740-522-0000
<b>Community Service</b>	<b>Jim Withers</b>	<b>Cell 740-877-0480</b>	
Special Needs	Talya Greathouse	Home 614-496-7883	Office 740-348-1706
Rotary Awards	Jerry Besancency	Home 614-394-3908	
	Jim Cooper	Home 740-344-2270	
Rotary Volunteers	Deb Tegtmeyer	Home 740-587-2647	Office 740-345-1970
Projects	Board of directors		

**ALWAYS IN OUR MEMORY**  
2015-16 PRESIDENT ERIN KENNEDY (1960-2015)

### DISTRICT GOVERNORS FROM NEWARK ROTARY

FRANK L BEGGS- 1927-28                      DARREL JONES- 1957-58  
ROBERT C. BATTAT- 1970-71                THEODORE D. GRILEY- 1976-77  
DONN E. ALSPACH-1988-89                ROBERT H. MCGAUGHY- 2003-2004

DIRECTOR, ROTARY INTERNATIONAL - THEODORE D. GRILEY- 1990-1992  
TRUSTEE, ROTARY INTERNATIONAL FOUNDATION- THEODORE D. GRILEY- 2001-2005

# ROTOGRAM

2017-18



**ROTARY:**  
MAKING A  
DIFFERENCE

## Week of February 11, 2018



### THIS WEEK'S MEETING

Held at Moundbuilders Country Club.

"Salad, Not a Melting-Pot: Diversity & Multiculturalism." Sara Abou Rashed has been called "an inspiration" by Children's Defense Fund President Marian Wright Edelman. At the age of 8, Sara wrote her first poem in Arabic. Now 18, she writes in many languages, beautifully sharing the story of a young woman.

### UPCOMING PROGRAMS

All meetings at Noon Tuesday, Newark DoubleTree Hotel, unless noted.

**Feb 20:** Artie Isaac, Leadership

**Feb 27:** STEM Curriculum, Maura Horgan, Newark City Schools

**Mar 6:** Humane Society, Lori Carlson

**Mar 13:** Col Joe Renaud, 25 years since Newark AFB BRAC closure announcement

### CLUB CALENDAR

**Jan-March:** Meetings will be held at Moundbuilders Country Club January-March during renovations at DoubleTree.

## A ROTARY INTERNATIONAL CLUB

NEWARKOHIOROTARY.ORG

FACEBOOK: NEWARKROTARYCLUB

DISTRICT6690.ORG

## ***Last week's meeting***

***Reporter: Rob Klinger***

Our greeter was **Konrod Morris**. President **Chuck Moore** rang the bell. **Tom Hall & Peter Larson** started us singing R-O-T-A-R-Y. **Tom Beattie** led us in the invocation and Pledge of Allegiance. **Tom Hall & Peter Larson** then led the group singing "Button Up Your Overcoat."

**Guests:** President-Nominee **Barb Quackenbush** introduced visiting Rotarian Jim Hartway, from the Palos Verdes Peninsula Rotary Club; and guests Eric Ekstrand, guest of **Shannon Walker**; Dedi Winegardner, guest of **Jay Winegardner**; Leigh Ann Miller, guest of **Luke Messinger**; Leslie Poole, guest of **Deb Dingus**; John Daugherty, guest of **Jeff James**.

**Student Guests:** C-TEC students Ashley & Amber Wireman, hosted by **Barb Quackenbush**; Johnstown students Danielle Villa & Madison Schulze, hosted by **Megan Evans**.

### **Announcements:**

- February Service Project – Licking County Foundation Scholarship Review. See **Megan Evans**.
- February Service Project – World Service Vitamin collection. See **Sharon Phelps**.
- Prayers for **Tom Slater** as he recuperates from his back operation.
- Protecting the Environment: Plant a mixture of hardwood trees on April 14<sup>th</sup> from 9-12 at Dawes Arboretum.
- The February 13<sup>th</sup> meeting will be at Moundbuilders Country Club.



**Sergeant-at-Arms: Pat Jeffries** fined everyone that missed, or did not miss him last week; **Veronica Link**; Pastoral Care Services for LMH; **Rob Montagnese**, presented with a used IV Bag from Moundbuilders Country Club; **Sarah Wallace**, mentioned in Blizzard of '78 article and how she traveled to be with her fiancé through all that; Granville folks for driving the buzzards out by hanging dead buzzards; **Shannon Walker** for her FIVE Minute Speech; **Jim Mitchell**, 10 cents a point for Maggie scoring her 1,000<sup>th</sup> point in college basketball; **Marcia Downes**, Cocktails by the Fire success; **Deb Dingus**, Ground Hog at the Ground Hog Breakfast; Rotarians **Marcia Downes, Jerry Nethers, Sarah Wallace, & Pat Jeffries**, prior Ground Hogs.

**Program: TD Griley** introduced Bikram Yoga Instructors Christen Boyles and Celeste Cruze. Celeste is co-owner, with Trey Griley, of Fierce Wellness Hot Yoga, 376 Jefferson Street, Pataskala: [fiercwellness.com](http://fiercwellness.com)

**Celeste Cruze:** Bikram Yoga Instructor - "Bikram Yoga is a type of Hatha Yoga characterized by a set series of postures and breathing exercises performed in a room heated to 105 degrees with 50% humidity from 60 to 90 minutes." The heat's purpose is for flexibility, detoxification, weight loss and endurance. Bikram yoga teaches self-discipline, as well as, physical and mental strength while listening to your own bodies. Celeste trained for 9 ½ weeks in Acapulco, Mexico, followed by a one year mentorship. She took her father's advice, "Follow the things that ignite you!" and she traveled the world with her yoga mat to New York, Australia, Bali, Thailand, and Europe. She met Trey Griley in New York and then moved closer to Trey's family in Pataskala. The highlight of Celeste's career is watching lives change with yoga. Lives can change through the many benefits of yoga: flexibility, strength (mental and physical), stress management, overcome anxiety and depression, digestive and circulatory system, skin and eyes brighten, and stamina improves.

**Christen Boyles:** Bikram Yoga Instructor - Yoga is a Sanskrit word to Yoke or Unite: mind, body, spirit, breath, and movement. Yoga is a moving meditation, allowing one to not think about anything and stay in the now. Christen graduated from Ohio State University in Women's Gender and Sexuality Studies. She began using yoga for emotional health, as she had stress, panic attacks, anxiety and depression. It gave her "peace of mind." Christen has taught for Celeste for over 1 ½ years and loves teaching beginners that they too can do yoga.

The mission of Fierce Wellness Hot Yoga is to create a fun and safe space in Pataskala, Ohio where people of all age, race, shape and physical background can come together and practice a celebration of their highest selves. A complete mind, body and spirit workout that is undeniably cleansing, revitalizing and ultimately fulfilling.

**Thought of the week:** "Yoga is just good for you." -- Kareem Abdul-Jabbar